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CROWN & BRIDGE CARE INSTRUCTIONS

You have just had some crowns or fixed bridges cemented onto your teeth. They will replace your missing tooth structure or missing teeth very well, and should give you years of good service provided you observe the following precautions:

Chewing: Do not chew hard foods on the restorations for 24 hours from delivery.

Sensitivity: You may experience sensitivity to hot or cold foods and liquids for up to 4 weeks. This sensitivity will gradually disappear. Infrequently, sensitivity lasts longer than six weeks. Please notify us if this occurs.

Preventative Procedures: To provide optimum longevity for your restorations and to prevent future dental decay, please use the following preventative procedures:

Brush and floss after eating and before bedtime.

Use a fluoride rinse such as ACT, swish vigorously for at least 30 seconds daily.

Use fluoride gel as prescribed by our office.

Use an electric toothbrush as advised by us.

Recalls: The most significant reason for restoration failure is inadequate return for examination. Visit us at regular six-month exam periods. Often problems that are developing around restorations can be found at an early stage and corrected easily. Waiting for a longer time may require redoing the entire restoration and may void our warranty.

Problems: Call us immediately if any one of these conditions occurs:

- A feeling of movement or loosening of the restoration.
- Sensitivity to sweet foods or pressure.
- A peculiar taste from the restoration site.
- Breakage of a piece of material from the restoration.

We have done our best to provide you with the finest quality restoration available today. Only your continuing care and concern can assure long-term good dental health.